

BEAR NO BURDEN ON SHABBAT

From August 9th, 2003

Torah Reading: Deuteronomy 3:23-7:1

The whole Torah is condensed into these chapters. These words were spoken near the very place where Yahushua was baptized, and where John the Immerser said: “Behold the Lamb of Elohim, who takes away the sin of the world”. The book of Deuteronomy was spoken by Moses in the “Plains of Moab”, between Mt. Nebo and Jericho, at the place where Joshua led the Hebrews across into the “Promised Land”, where Elijah sat by the Brook Cherith and later where he went up to heaven in a whirlwind. In John 1:28, this place is named “Bethabara” – “Bethany beyond Jordan”.

Let me share with you a revelation that the Father gave me this morning in August of 2003, as I was seeking Him, on His day with His Bride. This morning I woke up with these words in my spirit: **“You shall bear no burden on the Shabbat”.**

I had been mentally wrestling all night with things that were burdening me, from my health, to finances, to grief over those who refuse to seek truth, to family problems. When I awoke, He spoke those words to me. Shabbat is the day in which the Bridegroom Yahushua meets with His Bride, and courts her. He speaks more on Shabbat than on any other day, because she has 24 hours to do nothing but give her attention to Him, from Friday night at sundown until Saturday night at sundown. I, personally, am sad at sundown on Saturday, because my days with Him are so sweet.

Jewish tradition is nice--with the Friday night candle lighting, the wine and bread, and the ceremony that involves the whole family. But, it is tradition, and not the Word of Elohim. Many people enjoy the Friday night tradition, but fail to keep Father’s two simple rules for setting apart Shabbat His way. He tells us 1) to do no work on Shabbat and not to make anyone else work for us, even animals, and 2) not to buy or sell on Shabbat, for that is doing business and causing someone else to work. Why keep Jewish tradition, and then loose fellowship with Father and the sweetness of the day with Yahushua? We are to be a set-apart people unto Him. Shabbat is the set-apart sign of His marriage Covenant with His people!! Our minds and emotions are also to rest on this day!

There are several hundred verses that teach us about Shabbat in the Scriptures. These are just a few: Exodus 31:12-18; Isaiah 56; Ezekiel 20:19-23; and Nehemiah 13:15-22.

Shabbat is the day that Yahushua the Bridegroom courts His Bridal remnant, and speaks sweetly to her, revealing His heart to her, and telling her His secrets. It is a day of intimacy with Him, to be kept in peace, quiet, set-apartness, love, joy and rest. It is a day to study the Word with Him, and let Him speak to us and show us things to come. It is a day in which we prepare for our marriage to Him!! It is a special intimate day in which we get to know our Bridegroom better, and He gets to know us better. It is a day in which we yield to Him, and do not do anything on our own agenda!! What a privilege!! We get to have a day a week alone just us and the creator of the universe!! And, yet most people who say they believe in Him waste the day in disobedient rebellion against His Word, against His eternal sign of our set-apartness to Him. They do the laundry, clean house, go shopping, mow the yard, repair the car, paint the house, see a movie, go to a soccer game, or the race track, yet plan on spending eternity with a God they don’t know.

John Hagee said: “When you kneel tonight to pray, the One who hears you is a Rabbi...” Yes, He is a Jewish Rabbi, Rav Yahushua. Do you know your Jewish Bridegroom?

Reading the Torah portion is a good place to start Shabbat. The Word is a healer to the body, soul and spirit. The Torah is the foundation of all belief in Yahuweh/Yahushua. It is a day of praise, thanksgiving, worship, intimacy, and fellowship with Him and other believers. It is not a

Page 1

day to watch TV and fill your mind with Satan's world. It is a day to bless others also, as He leads you. I like to walk and pray on Shabbat. On Shabbat, He often gives you His personal guidance for your week. He said, "Take My yoke upon you and learn of Me, for My yoke is easy and My burden is light". Shabbat is the sign of His eternal Covenant with His people--a covenant that will go on into eternity future. (See Isaiah 66:22-23)

Torah is the loving teaching of our Abba, Yahuweh. From today's Torah portion, in Deuteronomy 6:24-25: "And Yahuweh commanded us to do all these laws, to fear Yahuweh our Elohim, **FOR OUR GOOD ALWAYS**, to keep us alive...and it is righteousness for us when we guard to do all this command before Yahuweh our Elohim, as He has commanded us".

Jeremiah 17:21-27: "**GUARD YOURSELVES AND BEAR NO BURDEN ON THE SHABBAT...and you shall set-apart the Shabbat as I commanded your fathers**".

Psalms 55:22: "Cast your burden on Yahuweh and let Him sustain you; He never allows the righteous to be shaken..." The righteous one guards the Torah. Psalm 119:165: "Great peace have those loving Your Torah, and for them there is no stumbling block".

We are not to bear burdens of any kind--not even for others. We are not to be mentally or emotionally drained--anxious, without peace, without rest in Him. We are to rest in His arms on Shabbat, like a little child in Daddy's arms. We are to have no cares, no worry, no thinking that is not like child-like trust in a good Daddy. We are to bear no burdens--physical, mental, emotional, or spiritual. We are to do as Peter says in I Peter 5:6-7: "Humble yourself, then, under the mighty hand of Elohim, so that He exalts you in due time, casting all your care upon Him, for He cares for you". We can't bear the burden of self-righteousness or pride, or arrogance and haughtiness against another. We can't bear the burden of selfishness and selfish agenda. Shabbat is a day for true repentance and tears. His forgiveness will remove all burdens of sin from us!

Keeping Shabbat as the sign of your Covenant with Yahuweh goes far deeper than the physical realm, though we must let our body rest on this day. This is what I really want to impress upon you today: **On Shabbat we bear no spiritual burdens, no emotional burdens, no mental burdens, no sin, no inner pain, no hurt, no bitterness, no unforgiveness, no grudge, no hidden memory that torments us, no gossip or slander against another, no hate, no fear, no vengeance, no anxiety, no worry, no fretting--but to "bring every thought into captivity to Messiah" and His love. He will take burdens away from us forever, if we'll let Him!**

Messiah Yahushua returns on a Shabbat and on a new moon, which marks the new month of Tishre, and the Feast of Trumpets. He brings His rest with Him. We will rest in His Kingdom on this earth for 1,000 years. It will be the 7th millennium of time on this earth since creation, thus we'll have 1,000 years of Shabbat every day in essence. On Shabbat we enter into rest from our sin nature, which has drained us of energy and self-respect. Guarding Shabbat will protect us within His Covenant in the horrible days to come. There is also a Shabbat of the Land, and animals, for His creation to rest totally. Study these things out in the Torah.

Hebrews 4:9: "For there remains a keeping of Shabbat for the people of Elohim".

The benefits of the day with Him are so many. Elohim called Moses up onto the top of Mt. Sinai. He was there for 6 days, and Elohim did not say a word, nor did anything at all. On the 7th day, on

Shabbat, Yahuweh came and talked to Moses and gave him the terms of the marriage Covenant called Torah.

Often Yahushua will wake me up hours early on Shabbat just to talk to me, so that we get the most out of our day together. Satan's world makes sure that we have little time to spend hearing from Him. On Shabbat, we must make a definite decision to shut the world out and only hear Him. If you desire to be in His presence, then Shabbat is your day! The burden giver is man. Our Elohim takes our burdens away, and carries them Himself. Enter into His rest, and do not resist His loving set-apart time. Have a Happy and Blessed Shabbat Shalom!!

Sister in Yahweh

Re-written and revised: January of 2004